

ST. CLAIR COUNTY HEALTH DEPARTMENT



Bed Bug Treatment Checklist



1. ____ Utilize Bed Bug Algorithm (see back) and pictures on website for pest identification.
 - Do not assume you have bed bugs because someone in the house has bites of an unknown origin. Fleas can also be a problem when infestations reach high levels, and management considerations can differ.
 - Inspect your mattress, box spring and bed frame, particularly in the folds, crevices, underside, and other locations bed bugs like to hide, as outlined above. Pay particular attention for small, dark spots on sheets or the mattress. This may indicate locations where bed bugs have bitten and passed some of the blood meal.
2. ____ Seal your mattress/pillows with a plastic or hypoallergenic, zippered cover. This will keep bed bugs out to the mattress, or eventually kill any bed bugs trapped within. Do NOT apply any pesticide to mattresses or to surfaces that would be in direct human contact, except when the pesticide label specifically states that the product can be applied in that manner. Pesticides can be harmful to people and pets. READ and UNDERSTAND the label.
3. ____ Wash all your linens and place them in a hot dryer for 20 minutes. Also freezing (-5 Celsius) for five days will work. (Less time at lower temp).

It is not always necessary to discard bedding or mattresses.
4. ____ Use nozzle attachment on a vacuum to capture the bed bugs and their eggs. Eggs may be difficult to vacuum as they are cemented to substrates, scraping may be necessary. Vacuum all crevices on the mattress, bed frame, baseboards and any objects close to the bed. Empty the vacuum immediately and properly dispose of the bag or contents by placing in a sealed plastic bag or container.
5. ____ Remove all unnecessary clutter.
6. ____ Seal cracks and crevices between baseboards, on wood bed frames, floors and walls with caulking. Repair or remove peeling wallpaper, tighten loose light switch or outlet covers and seal any openings where pipes, wires or other utilities come into your home.
7. ____ Monitor daily by setting out glue boards or sticky tape to catch the bed bugs as they move from their harborage.
8. ____ Closely examine any items that you are bringing into your home.

Note: Furniture put out by someone else for collection could be infested with bed bugs or other pests. Use caution

Consult a licensed Pest Control Operator to discuss options that pose the least risk to humans and the environment.