

OFFICIAL COMMUNICATIONS

St. Clair County Health Department

2016

SCCHD-003

ISSUE DATE: 02/12/16

TO: St. Clair County Healthcare Providers, Hospital ICPs, Emergency Departments, ED Physicians, Clinicians, OB/GYN

FROM: Chris Czubachowski RN, BS SCCHD C.D. Coordinator P: 810- 987-5300 F: 810-985-4340

ZIKA VIRUS TESTING AND RECOMMENDATIONS FOR PREGNANT WOMEN, AND MEN WITH PREGNANT SEX PARTNERS WHO HAVE BEEN POTENTIALLY EXPOSED

Recommendations:

- Criteria for Diagnostic Testing of Potentially Exposed Individual:
 - **Pregnant women** with a history of travel to an area with ongoing Zika virus transmission
 - And have clinical illness consistent with Zika virus infection (two or more of the following: fever, rash, joint pain, red irritated eyes) within two weeks of travel
 - o Have no symptoms, and are within 2-12 weeks after their return from travel
 - ➤ Infants with microcephaly or intracranial calcifications born to women who have traveled or resided in an area with Zika virus transmission while pregnant, or infants born to mothers with positive or inconclusive Zika virus testing
 - ➤ Others who have a history of travel to an area of ongoing Zika virus transmission and have a clinical illness consistent with Zika virus infection (two or more of the following symptoms: fever, rash, joint pain, red irritated eyes) within two weeks of travel
- Zika virus testing is not currently commercially available. Therefore all specimens for Zika virus testing are required to be evaluated and coordinated by St. Clair County Health Department (SCCHD)
- Discuss male partner's potential exposures and history of Zika-like illness with pregnant women
- Educate men with a pregnant sex partner who reside or have traveled to an area of active Zika
 virus transmission and their pregnant sex partner to consistently and correctly use condoms
 during sex (vaginal, anal, or oral) or abstain from sexual activity for the duration of the
 pregnancy.
- Links to the CDC guidance documents for assessing Zika risk in pregnant travelers, or their infants.
 - > For Obstetrical Care Providers:
 - http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6502e1.pdf
 Associated FAQ: http://www.cdc.gov/zika/hc-providers/qa-pregnant-women.html
 - For Pediatric Healthcare Providers
 http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6503e3.pdf
 Associated FAQ: http://www.cdc.gov/zika/hc-providers/qa-pediatrician.html
 - Sexual Transmission
 http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6505e1er.pdf
 Associated FAQ: http://www.cdc.gov/zika/hc-providers/qa-sexual-transmission.html

Call SCCHD with questions or to report suspect cases (810) 987-5300.