



# OFFICIAL COMMUNICATIONS

## St. Clair County Health Department

2019

SCCHD-004

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TO: SCC Schools & Daycares

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### **MEASLES INFORMATION FOR SCHOOLS AND CHILDCARE CENTERS**

With the current measles outbreak in nearby counties, parents may have questions about what can be done to keep children safe, and what their child's school/child care will do if a measles case is confirmed in their building.

Here are some important points to keep in mind:

- Measles is highly contagious. If a case is confirmed in a school or child care center, St. Clair County Health Department (SCCHD) will review all staff and student vaccination records to determine the risk of further spread.
- Measles is a serious disease. Exposed children and staff who are not fully protected from measles will be excluded for 21 days after their last exposure. This may be extended if there are more measles cases.
- Those excluded from school or child care after a measles exposure will also need to stay home to avoid exposing others in the community.
- Now is a great time for all families and school/child care staff to review vaccine records and get their vaccines up-to-date. Encourage parents to provide their child's complete, documented vaccination record from their doctor or Michigan Care Improvement Registry.
- The measles vaccine (MMR) is very effective. The recommended two doses are approximately 97% effective at preventing measles.

All children should have had at least 1 dose of MMR at age 12 months or after, plus a second dose between the ages of 4 and 6 years. The 2<sup>nd</sup> dose can be given earlier if it is at least 4 weeks after the 1st dose. Children who receive two MMR vaccines at least 4 weeks apart at any time after the age of 12 months are considered to have completed the MMR series. Parents are strongly encouraged to contact their healthcare provider for guidance.

Encourage families to **call** their physician right away if their child develops a fever that is accompanied by a **rash** and one or more of the "three C's" of measles:

- Cough
- Coryza (runny nose)
- Conjunctivitis (pink eye)

Symptoms of measles generally occur about 7 to 10 days after a person has been infected. Most often symptoms start with a fever, runny nose and eyes, and cough. A red blotchy rash will develop 3-7 days after the fever starts, first on the face and gradually moving down the body.

Immunizations are available through SCCHD and healthcare providers. If you have questions, please contact SCCHD at 810-987-5300. For information about measles visit [www.scchealth.co](http://www.scchealth.co) or [www.michigan.gov/measlesoutbreak](http://www.michigan.gov/measlesoutbreak).

**Call SCCHD with questions or to report suspect cases (810) 987-5300 during regular business hours.**