



MEDIA RELEASE

Information **Advisory** **Warning** **Update**

DATE: AUGUST 1, 2022

TIME: 3:15pm

FOR MORE INFORMATION CONTACT:

Jennifer Michaluk, M.Ed, CHES
Public Information Officer
St. Clair County Health Department
jmichaluk@stclaircounty.org

St. Clair County Health Department Breastfeeding Celebration Day Event on August 22

The St. Clair County Health Department Women, Infants, and Children (WIC) program invites the community to the 7th Annual Breastfeeding Celebration Day, formerly known as the Breastfeeding Stroll, on August 22, 2022 from 2:00pm to 6:00pm, at the YMCA of the Blue Water Area, 1525 3rd Street, Port Huron, Michigan. This event would not be possible without the partnership and support of the YMCA of the Blue Water Area, St. Clair County Community Mental Health and Michigan State University Extension.

Amy Bishop, Nursing Supervisor, over the WIC Program stated, "This year's theme, *Into Every Drop*, represents what goes into making a family's breastfeeding journey successful. It truly takes a "community" that includes health care providers, WIC staff and breastfeeding specialists; though more importantly it takes every day support from family, friends, neighbors, schools, businesses and faith-based groups."

View demos using WIC approved foods in healthy recipes, sample nutritious-tasty foods, learn food preservation methods like canning and freezing, take part in a Fun Zone for kids, consult with a breastfeeding specialist, peer counselor and dietitian, pick up helpful information on mental health, wellness, and car seat safety, have chances to win valuable prizes, tour the YMCA to learn about programs and financial assistance, meet other great vendors, and more!

For more information about the event, WIC or breastfeeding support, call (810) 987-8222. Visit our website www.scchealth.co and follow us on social media @scchdmi. This Institution is an Equal Opportunity Provider.

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