

ARE YOU PROTECTED AGAINST MEASLES?

Measles is a very contagious virus. It spreads through the air when an infected person breathes, coughs or sneezes. Nearly everyone who shares air with an infected person will get it, unless they have been vaccinated or are immune. The Measles-Mumps-Rubella (MMR) vaccine is the best protection.

UP-TO-DATE ON IMMUNIZATIONS?

INFANTS UNDER 12 MONTHS:

- Close contacts should be vaccinated

PRESCHOOL AGE (1-3 YEARS):

- One dose of MMR

SCHOOL AGE (4+ YEARS):

- Two doses of MMR

ADULTS ARE CONSIDERED IMMUNE WITH ANY OF THE FOLLOWING:

- Two doses of MMR/measles containing vaccine
- Born before 1957
- Known immunity due to prior measles illness

EXPOSED TO MEASLES* OR INTERNATIONAL TRAVEL?

If not considered immune, vaccine should be given within 72 hours of exposure

INFANTS UNDER 12 MONTHS:

- MMR can be given starting at 6 months

PRESCHOOL AGE (1-3 YEARS):

- Second dose of MMR can be given
(must be at least 28 days after first dose)

SCHOOL AGE (4+ YEARS):

- No action needed if fully protected with two doses

ADULTS:

- No action needed if *considered immune*
- If born before 1957, vaccine can be given

EXPOSED HIGH-RISK INDIVIDUALS:

- Immune globulin (Ig) can be effective for high-risk individuals (infants too young for vaccination, pregnant women, and those who are severely immune compromised) within 6 days of exposure

Vaccines Available:

St. Clair County Health Department

3415 28th St. Port Huron
(810) 987-5300

Walk-in Mondays 10:00 am - 6:00 pm
By appointment Tuesday - Friday

Teen Health Center

2215 Court St. Port Huron
(810) 987-1311
(ages 10 - 21)

By appointment Monday - Friday