



# HEALTH DEPARTMENT

3415 28th Street, Port Huron, MI 48060  
(810) 987-5300 Fax (810) 985-2150

## COUNTY OF ST. CLAIR



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DIRECTOR, HEALTH OFFICER

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MEDICAL DIRECTOR  
PROVISIONAL

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BRANCH OFFICES:

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(810) 794-9327

CAPAC BRANCH  
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TEEN HEALTH CENTER  
(810) 987-1311

### NEWS RELEASE

Information     Advisory     Warning     Update

For immediate release

May 4, 2009

#### For more information contact:

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#### Health Department Prepared for H1N1 Outbreak

St. Clair County Health Department reports no confirmed or probable cases of Influenza A H1N1 within St. Clair County at this time. 3 suspect cases are being followed up. The Health Department remains in continuous contact with Michigan Department of Community Health as well as with health partners in bordering counties. Meetings with school administrators have taken place and plans are in place should a school closing be necessary. ***There are currently no imminent school closings, but that could change at any time.*** Parents should have contingency plans for their children's care should schools and child care facilities close.

There have been no reports of humans becoming ill from pigs or other animals. There is no danger from consuming pork products or from being near pigs or other animals. If residents have animals that are ill they should contact their veterinarian.

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The H1N1 virus continues to spread but is creating only mild to moderate illness. This virus is susceptible to the antiviral medications Tamiflu and Relenza. It is very important that health care providers use antiviral medications appropriately.

Residents are urged to continue practicing flu prevention measures including:

- Frequent and proper handwashing
- Staying home when ill – including children staying home from school when ill and adults staying home from work.
- Cover coughs and sneezes
- Eat well, get enough sleep and manage stress

For information in Influenza A H1N1 residents can visit the Centers for Disease Control website @: [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu), the Michigan Department of Community Health website: [www.michigan.gov/swineflu](http://www.michigan.gov/swineflu), or the Health Department's website: [www.stclaircounty.org/offices/health](http://www.stclaircounty.org/offices/health).

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