

## After receiving vaccines. . .



You have received one or more vaccinations today. Sometimes the immunizations that protect you from serious diseases may also cause some discomfort. Reactions to vaccinations do occur, but serious reactions are rare. The most common reactions are redness, slight swelling and pain at the injection site and fever.

- If your arm becomes sore, you may want to apply ice or a cold pack to the injection area for 5-10 minutes at a time.
- Using or exercising the arm where the injection was given will distribute the medication quickly and decrease soreness.
- If you develop a fever greater than 100°F (38°C),
  - Take a fever reducing medication as directed such as: tylenol, advil, or motrin for the next 24 hours.
  - Drink plenty of fluids.
  - Dress lightly.

If you have other questions or are concerned about how you are feeling call the clinic at (810)-987-5729.