

Lesson 1: Fire Prevention:

Parent/Guardian Instructions:

- Review the fire and burn prevention lesson discussion
- Review the cooking safety tips with your child (ren)
- Complete the activities with your child (ren) at the end of the lesson

Lesson Discussion:

In the United States, fire kills more than 3,500 people a year and is the cause of tens of thousands of related injuries. In 1998 the United States lost 800 children aged 14 and under to fires.

It is important to know that some children may experiment with fire just to see what it is like. Some children seek attention by playing with dangerous items and others intentionally set fires as a way of acting out their frustration. Proper supervision of children and appropriate assignment of responsibility are two things you, as parent/guardians, can do to prevent this behavior. You also can remove all potential fire hazards from your home and store items that can start a fire in a safe place. These items include matches, lighters, gasoline, kerosene, and paint thinner. It is important to understand that fire play could result in serious personal harm or property loss.

Every family member should know what to do in the event of a fire. When the smoke alarm sounds, get out of the house, and stay out. Call your fire department's emergency number or 9-1-1 from a neighbor's home or from a portable or cellular phone to report the fire.

In addition, teach your child (ren) about cooking safety tips:

- The child (ren) should cook only with the permission and under supervision of a grown up.
- Pot handles should be turned toward the back of the stove so that pots will not be knocked off or pulled down by other siblings.
- When cooking always use pot holders or oven mitts. Only grown-ups should handle hot containers.
- While microwave ovens stay cool, the food inside them can be very hot.
- Children should always use caution when removing food from the microwave. Allow food to cool before eating.

Parent/Guardian and Child (ren) Activity:

- Reinforce the lesson discussion with your child (ren)
- Review the cooking safety tips with your child (ren)
- Complete the cooking safety activity with your child (ren)
- Complete the Home Fire Safety Checklist with your child (ren)
- Create a Home Escape Plan

Lesson 1 Activity: Cooking Safety

Read each safety message below. If the message is incorrect, rewrite it to make it correct. If the sentence is correct, then write correct on the line below the sentence.

- A. Children should cook with permission and under the supervision of a grown-up.

- B. Hector cooks French fries on the stove before his mom gets home from work.

- C. Pot handles should be turned outward.

- D. My mom always uses pot holders or oven mitts.

- E. Jim carefully removes covers or plastic wrap from food cooked in a microwave oven.

- F. Never leave food cooking unattended.

- G. Jamie makes sure the stove and other cooking equipment are greasy.

Answers: A: Correct. B: Hector waits to cook French fries on the stove until his mom gets home from work. C: Pot handles should be turned inward. D: Correct. E: Correct. F: Correct. G: Jamie makes sure the stove and other cooking equipment are clean.