

## **Lesson 2: Family Communications Plan**

### **Parent/Guardian Instructions:**

- Review the family communications plan requirements with your child(ren).

### **Lesson Discussion:**

Your family may not be together when disaster strikes, so a family communications plan needs to be created. This plan contains all phone numbers such as home, work, cell and pagers of all family members and the means to contact each other if a disaster strikes. During a disaster, local phone lines maybe down or overwhelmed with calls. It is actually easier to make a long distance call to an out of state contact rather than a local number. Designate an out-of-state contact to have all family members communicate with and relay information to about your well-being and location if an incident occurs. During the communication planning process identify different situations where the communications plan is needed, review and practice the plan with all family members. Have your parents/guardians fill out the family communications plan and card for each family member to carry (See attached forms and directions).

### **Parent/Guardian and Child (ren) Activity:**

- Create a family communications plan with your child(ren).
- Review your communications plan with all family members.
- Make sure everyone knows who to contact during an emergency or disaster.